

## *From the Elementary Counselor*



Dear Families,

Please allow me to take this opportunity to welcome you to our district! I am the School Counselor at Margareta Elementary.

As elementary counselor, I assist K-6 students in working to their academic and social potential, providing counseling services as needed. I work with referred students either individually or in small-group sessions. A large portion of my counseling program involves visiting classrooms, presenting activities based on the Pillars of Character Education. The activities also focus on other issues, such as the prevention of bullying, friendship/social skills, recognizing/handling emotions, and self-esteem.

Being a new student can be an exciting yet frightening change for children. Dedicated teachers and staff surround our students and will do everything possible to help a child make a smooth transition, but situations may arise when a child could need additional assistance. As your child is making his/her transition to our school, as well as any time throughout the school year, it is important to talk with your child about the feelings he/she is experiencing. Following routines is another positive approach to take, as research suggests children thrive on any structure provided to them.

Should you wish your child to meet with me regarding a personal or school related concern now or at any time this school year, I will be happy to do so. Please feel free to contact me with any questions you may have.

Mrs. Heather Wiley, M.Ed.  
Margareta Elementary School Counselor  
hwiley@margareta.k12.oh.us